



## Fitness Instructor Training Program

This comprehensive 12-week training program, followed by a 6-month internship leading your very own Shape Up NYC class, will give you hands-on experience to prepare you for a nationally accredited certification exam.

### Locations

#### West Bronx Recreation Center

1527 Jesup Avenue  
Bronx, NY 10452  
Saturdays from 2:15-4:45pm  
*Starting September 10, 2016*

#### Gertrude Ederle Recreation Center

232 West 60<sup>th</sup> Street  
Manhattan, NY 10019  
Thursdays from 6-8:30pm  
*Starting September 8, 2016*

#### McCarren Play Center

776 Lorimer Street  
Brooklyn, NY 11222  
Saturdays from 9:15-11:45am  
*Starting September 10, 2016*

#### Greenbelt Recreation Center

501 Brielle Avenue,  
Staten Island, NY 10314  
Wednesdays from 5-8pm  
*Starting September 7, 2016*

#### Lost Battalion Hall Recreation Center

93-29 Queens Boulevard, Queens, NY 11374  
Tuesdays from 6:15-8:45pm  
*Starting September 6, 2016*

Application will be online on July 1: [www.nyc.gov/shapeupnyc](http://www.nyc.gov/shapeupnyc)

**Qualifications:** Demonstrated interest in fitness, including current participation in group exercise classes.

Prior exercise instruction experience preferred, but not required.

**Cost:** \$60 for fingerprinting and background check. NYC Parks recreation center membership required.

**Please apply by July 21st, 2016**

**For questions or help with the application, please e-mail**  
[shapeupnyc@parks.nyc.gov](mailto:shapeupnyc@parks.nyc.gov)

